

MOUNT PEARL PARADISE SKATING CLUB



Club Policies and Procedures

2019 – 2020 Season

Updated July 2019

Message from the Club

Hello and welcome to another season of skating. We hope that this year you will improve your skills as well as having loads of fun!

Please review this policy and procedure manual. If you have any questions, please do not hesitate to contact one of our executive members.

2019/2020 Club Executive

President	Glenn Sturge
Vice-President	Brian Marsh
Treasurer	Perry Dalton
Secretary	Krista Garland
Director of Coaching	Daisy Power-Sinnicks
CanSkate Coordinator	Joanne Burry
Intro Star Coordinator	Neal Thorne
Director of Synchro	Collette Rideout
Director of Ice Show	Krista Bragg-Gorman
Director of Registration	Tara Lynch
Director of Testing	Tracy Hawkins
Director of Competitions	Lisa Hollett
Director of Publicity	Gillian Pearson
Past President	Jeff Sutton
Sports Alliance Representative	Vacant
Web & Database Administrator	Thomas Hawkins

PAYMENT POLICY

Registration Fee Payment Options

1) Cash:

2 Options:

- 100% at registration
- 50% at registration and 50% due December 1, 2019

2) Credit Card: online through Paypal

Available upon request

3) Etransfer: mppscreg@gmail.com . Auto deposit is enabled. If your bank requires a password please use **skating2019**

3 Options:

- 1 transfer - 100% at registration
- 2 transfers - 50% at registration and 50% due December 1, 2019
- 6 transfers - dated Sept 1, Oct 1, Nov 1, Dec 1, Jan 1, Feb 1

4) Cheque:

3 Options:

- 1 cheque - 100% dated Sept 1, 2019
- 2 cheques - 50% dated Sept 1, 2019 and 50% post dated December 1, 2019
- 6 cheques - dated Sept 1, Oct 1, Nov 1, Dec 1, Jan 1, Feb 1

REFUND & CANCELLATION POLICY

Refund Policy

All refunds are subject to a minimum non-refundable administration fee of \$50.00. Refunds will be considered on an individual basis. No refunds will be issued after two weeks at the start of each set of lessons, Fall and Winter, unless it is due to medical reasons and a medical note is supplied.

Cancellation Policy

In the event a session is cancelled for any reason, the Club will, if possible, provide a make-up session. All make-up sessions will be contingent on the availability of additional ice time. The club will not provide a rebate or refund of registration fees for cancelled sessions. We will make every attempt to find another time, however this is not always possible.

**Cancellation notices can be found on social media and our
website www.mppsc.ca**

PROGRAMS

PRE-CANSKATE

This program is the entry level for beginners who are 3.5 to 5 years of age. Children are placed into groups according to ability and taught by a Professional Coach and assisted by Program Assistants. The focus of this program is to make skating fun!

Skating skills taught range from learning to stand and balance to going forwards and backwards. The Pre-CanSkate program is a readiness vehicle to prepare skaters for CanSkate. Once the skaters have passed the set criteria and mastered the essentials needed to move safely and effectively on the ice they can be moved into a CanSkate Stage 1 group on that same session or another club CanSkate session if space permits.

All skaters must have a CSA approved ice skating helmet. **Bike helmets are not acceptable.** Parents are not permitted on the ice with their children. Some parents also have their children wear other protective equipment like knee and shoulder pads. Skaters should be dressed warmly but not in clothing that is restrictive. Parents of Pre-CanSkate children must have someone at the arena that is responsible for their child while he/she is on the ice.

CANSKATE

CanSkate is the Skate Canada flagship learn-to-skate program. It provides kids with the best foundation for figure skating and hockey and introduces a healthy, life long activity at an early age. CanSkate promotes fun, fitness and participation.

The CanSkate program teaches fundamental skating skills like skating forwards, backwards, how to stop, turn, spin and jump. The skills are taught and emphasized through fun activities and continuous movement in small groups. Skills are assessed frequently, and there are many incentives available to reward participation. Badges are also awarded at each level. CanSkate graduates can progress on to other Skate Canada programs. Instruction is on a group basis and taught by Professional Coaches and assisted by qualified CanSkate Program Assistants to ensure a good coach to skater ratio.

All skaters must have a CSA approved ice skating helmet. **Bike helmets are not acceptable.** Parents are not permitted on the ice with their children and no hockey equipment is allowed on the ice. Skaters should be dressed warmly but not in clothing that is restrictive. Parents of CanSkate children must have someone at the arena that is responsible for their child while he/she is on the ice.

CANSKATE HP (HIGH PERFORMANCE) *By invitation only

This program is designed to fast-track keen CanSkaters who display the eagerness and potential to be competitive skaters. Skaters must be under 8 years of age and passed STAGE 2. Skaters will progress through the program mastering basic figure skating skills in a fun, progressive and sequential manner. Skaters will be taught in small groups (6 skaters or less) by Skate Canada professional coaches in a fun and positive environment. This program will also include an off ice component to improve balance, coordination and flexibility.

All skaters must have a CSA approved ice skating helmet. **Bike helmets are not acceptable.** Parents are not permitted on the ice with their children and no hockey equipment is allowed on the ice. Skaters should be dressed warmly but not in clothing that is restrictive. Parents of CanSkate children must have someone at the arena that is responsible for their child while he/she is on the ice.

INTRO STAR - STAR 1, 2 & 3

This program is designed for skaters who have passed Canskate Stage 5 and would like to continue to challenge their figure skating skills. Skaters will be introduced to skating skills, freeskate and dance in a progressive and sequential manner. As skaters master skills in each area, they will have the opportunity to take tests and/or enter competitions. Skaters will be taught in small groups (6 skaters or less) by Skate Canada professional coaches in a fun and positive environment. This program will also include an off ice component to improve balance, coordination and flexibility.

Intro Star skaters can skate one or two sessions a week. The Intro Star session includes group lessons with a professional coach. Skaters can skate two sessions a week with the Intro Star group. They also have the option of skating an additional CanSkate session, or a Junior session. The Junior session does not include coaching, and it is the

responsibility of the parent to arrange for coaching. Skaters must have a coach to be on Junior ice. Check with one of our coaching staff or executive if you are unsure how to proceed.

JUNIOR/INTERMEDIATE/SENIOR

The Skate Canada STARSkate Program offers skaters an opportunity to take optional tests in free skating, ice dancing, skating skills and artistic skating. These tests challenge a skater to learn and develop more advanced figure skating skills. Test skaters work independently and with group and/or private coaches to attain certificates from Preliminary to Gold levels.

The Skate Canada Competitive Program provides opportunities for skaters to compete in a variety of competitions from the regional level to the national and international level. Skaters compete in singles, pairs, dance and precision events at levels ranging from juvenile to adult (adult category for Precision team skating only). Skaters who exhibit aptitude for competitive skating can advance from club competition to provincial or national championships and beyond.

SYNCHRONIZED SKATING

Skaters can participate in synchronized skating at several levels from beginner to adult. Synchronized skating is a great way to improve stroking skills and develops great team spirit!

Skaters will have to tryout to be on these teams plus meet age and skating standards.

Synchronized skating is ideal for skaters interested in a team activity. Basic manoeuvres, formations and transitions are taught in a team atmosphere. There are recreational and competitive opportunities for skaters who master the fundamental skills of synchro skating.

PROGRAM ASSISTANTS

In order to be a Program Assistant, skaters must at minimum turn 12 within the skating calendar year and have completed all Program Assistant training sessions as designated by the PA committee.

All skaters who are eligible to be a Program Assistant must assist a minimum of 1 session per week or pay an extra \$200 at registration for a 22-week period.

Under the above age you may volunteer with permission of the PA committee.

All Program Assistants must be on the ice at the start of CanSkate session. If the Program Assistant is **not on the ice at the beginning of CanSkate session**, they will **not be credited**.

Our Program Assistants are an invaluable part of our club. In order to recognize them, we will be awarding one Program Assistant with a Yearly Award.

The criteria for this award is as follows:

- Attendance – being on the ice on time for the session and being at your scheduled sessions.
- Attitude and respect towards the professional coaches, other program assistants, parents and children
- Group movement – keeping the children moving
- Using initiative leadership
- Wearing clothing as provided by the club for the Program Assistant

GUEST SKATING POLICY

All Star skaters and Competitive skaters are welcome to guest skate with MPPSC under the following guidelines:

1. All guest skaters must email the club ahead of time and receive confirmation in writing to reserve their spot.
2. Skaters may only guest skate on a session that is not at its maximum capacity of skaters.
3. Skaters may only guest skate on a session for which they meet the requirements.
4. The cost of guest skating for MPPSC and associate members is \$15 per session.
5. The cost of guest skating for non-MPPSC members is \$25 per session.
6. All guest skating fees must be paid prior to the start of the session. Payment can be sent via emt to mppscreg@gmail.com . Please note your skater's name and the session they are guest skating.
7. There will be no guest skating permitted for non-MPPSC members 1 week (the Sunday before) before a competition of which skaters on those sessions will be competing. Space permitting, MPPSC members can request to skate during this week. (Coach request only during this week).
8. Coaches of guest skaters are welcome to accompany their skater on a session.

ANNUAL AWARDS

Sherry Drover Award, is given to the skater who shows dedication, sportsmanship, love of the sport and support of all skaters.

Program Assistant Award

Attendance - being on the ice on time for the session and being at your scheduled sessions. Attitude and respect towards the professional coaches, other program assistants, parents and children. Group movement - keeping the children moving. Using initiative leadership. Wearing clothing to identify them, as a Program Assistant.

CanSkater of the Year Award, is given to the CanSkater who demonstrates talent and passion for the sport of figure skating.

CanSkate Champions, two ribbons are awarded to Canskaters who demonstrate the qualities that embody the "Spirit of a Champion" - determination, discipline, perseverance and a positive attitude.

Hardest Worker Award

Rockstar Award

Betty Brett Performance Award

Barbara Predham Volunteer Award

ICE SHOW CRITERIA

The Ice Show is the grand finale to our skating season in which our skaters get to showcase skills obtained during the past year.

The criteria is as follows:

1. There will be a maximum of 14 solos if two ice shows with 7 solos in each ice show. Soloists who place at SECTIONALS and attend CHALLENGE will be awarded a solo. Solos will then be chosen from MEDALISTS starting with skaters who placed Gold at Sectionals then Gold at Provincials, Silver at Sectionals then Silver at Provincials and Bronze at Sectionals then Bronze at Provincials. Also these solos' will be chosen from all freeskate levels that compete at Provincials and all categories in the Competitive Stream. If 7 solos are not available from the above, further solos will be chosen from top placing non-medallists at Sectionals, Provincials then Divisionals. One of the above noted 14 solo will be awarded an adult skater who places at Nationals. *There will not be any solos for artistic or skills medallists. Artistic or Skills medallist group number might be considered if time permits.*
2. Competitive skaters will be chosen for a solo from both Sectionals and Provincials no matter if they skate both or not. Star skaters will be chosen from Provincials.
3. Soloists can only participate in one ice show (if two shows are held) and it will be determined by the head coach which show you will participate in. Soloists in one show will have a group number in the other show.
4. Duets, trios and group numbers will showcase in both show. (Except the soloist group will be in one show.
5. Maximum number of events a skater will be permitted to participate in will be two (2). For Example: If a child is skating with the Junior or Senior Group and was also a medallist and having a Solo in the ice show, this would constitute the two (2) events. Synchro Numbers and Pairs are not considered in the 2 event maximum.
6. All soloists will have to meet the following criteria:
 - a. All fees must be paid in full prior to the ice show.
 - b. Soloist must be registered to skate atleast two (2) days per week.
7. Although we try for every PA to lead a can-skate group, we cannot guarantee same. (This is not considered one of the 2 events noted above in Number 2).